

WELCOME TO THE WOODVALE FARM DAY CAMP!

The Day Camp Counselors and staff at Woodvale Farm on URI's W. Alton Jones Campus are looking forward to involving your child in an unforgettable outdoor experience.

We would like to help you and your child understand and prepare for the week at the Woodvale Farm Day Camp by answering some commonly asked questions. Please take a moment to read over this information and complete the Day Camp Health History Form, Parent/Guardian Agreement, and Day Camp Confirmation Form.

What is the W. Alton Jones Campus? The University of Rhode Island's unique 2,300-acre wilderness area is devoted to preservation, research, educational conferences, and year-round environmental education. Over 40,000 acres of state parks and forests adjoin the Campus, making this one of the largest preserved regions in southern New England. Special features of the campus include Eisenhower Lake, the historic Woodvale Farm, a 1,000-acre Environmental Research Area, and the botanically unique Nettie Marie Jones Nature Preserve.

What is the Woodvale Farm? Woodvale Farm is a nineteenth-century working farm with scenic pastures, organic gardens, historic buildings, and a modern classroom. Located on the W. Alton Jones Campus, the farm is part of the Environmental Education Center, which serves as a year-round outdoor school for more than 10,000 children each year providing experiences with nature as the subject, classroom, and teacher. We strive to help children develop a familiarity with our natural surroundings and an active concern for the quality of the environment.

What types of activities will my child participate in? Day campers feed and care for the pigs, rabbits, sheep, goats, and other farm animals, plant seeds and harvest fresh vegetables from the Kid's Garden, collect eggs, learn about history, grind corn to make cornbread, and make farm crafts. Nature games, hikes into the forests, and swimming at our private lakefront are also part of the program.

Who conducts the program? Day Camp Counselors who have been chosen for their ability, enthusiasm, and dedication to children and the environment facilitate Day Camp. They are primarily college students who have previous experience working with children. Each staff member is subjected to a screening process, which includes a criminal background check. They receive training in safety, methods in experiential education, horticulture, and animal care. When they are not working with children, they help take care of the animals and gardens on the farm. High school age Assistant Counselors also play an important role in carrying out the program. They organize games, assist with supervision, and give one on one attention when needed.

Do I have to fill out a medical form? State law and the American Camping Association require a signed Health History Form; we cannot accept your child into the program without one. Please send your completed form with your Day Camp Confirmation Form by June 15th.

How can I help keep my child sun-safe? The farm is a sunny area and you can help us by applying sun block (minimum of SPF 15) to all exposed areas each morning before arrival. A hat with a brim and a T-shirt or swim shirt for swimming are also suggested (snug-fit T-shirts only as baggy T-shirts can be a swimming hazard). We strongly recommend these sun-safe precautions.

We hope this has answered some of your questions. If you require further information concerning day camp or payment, please call our office manager, Cheryl, at 401-397-3304 ext. 6043. Thank you for giving your child this educational opportunity. We are looking forward to an exciting summer at Woodvale Farm.

PACKING LIST

Your child needs to bring a few things to camp each day. Overnight storage is available for the week. Please send your child to camp each day wearing a bathing suit as clothing or under clothing. Send along undergarments and a change of clothes for after swim. Please label all belongings. We will provide your child with the materials necessary for the many planned activities. Your child should bring:

- Snack
- Bag lunch and juice
- Raincoat
- Swim suit (worn as clothing or under clothing every day)
- T-shirt or swim shirt for swimming (snug fit, for sun protection)—baggy shirts will be rejected
- Change of clothes (for after swim—note: some campers prefer to remain in their swimsuit after swimming)
- Towel
- Extra pair of sneakers and socks (in case one gets wet)
- Sun block (please apply to exposed areas before arrival)
- Hat with brim
- Change of clothes (optional)
- Small daypack (optional)
- Fanny pack or daypack required if carrying inhaler or epi-pen
- Water bottle (labeled with name)

ARRIVAL AND DEPARTURE TIMES

Day Camp begins at 9:00 am and ends at 3:30 pm each day. Please be prompt and leave pets at home. Monday check-in may take up to 30 minutes, while other days will be quicker.

For safety at these times since many vehicles are coming and going, please stay with your children until they have been checked in and after they have been signed out at pick-up. Proper behavior and control are expected at these times. Whoever picks up your child must be listed on the Parent/Guardian Agreement (even if they are your spouse) and must present a photo driver's license upon pick-up. On Friday at 3:15 families are invited for a brief family program and to tour the farm with your children. If your child will be riding the shuttle bus, see the included information sheet.

DIRECTIONS

How do I get to Woodvale Farm? From I-95, take exit 5B to Route 102 North and travel for approximately 2½ miles. Turn left at the "URI W. Alton Jones Campus" sign onto Brown's Corner Road. Travel approximately 1½ miles following the paved road straight onto the campus continuing past the gray "Office and Information" building and the duck pond. At the "T" in the road turn right, following signs to Woodvale Farm. Parking is on the left. Please, for the safety of the children, park in the designated area and leave pets at home.

UNIVERSITY OF RHODE ISLAND W. ALTON JONES CAMPUS
DAY CAMP HEALTH HISTORY FORM
SEND IN BY JUNE 15

Parent/Guardian: Please **complete both sides** of this form and **send it to camp by June 15** with the Day Camp Confirmation form. If your child requires special treatments, injections, is immune compromised, or has mobility limitations (e.g. crutches or wheelchair), no spleen, food allergies, or dietary restrictions, **you must contact the nurse by phone** at least **two weeks before** the program (401-397-3304 ext. 6043). When you call, state whether the issue is medical or dietary.

Dates of Camp Session(s) _____
 Child's Name _____ Age _____ Weight _____
 Address _____ Boy Girl
 _____ Birth Date _____

Mother's Name _____
 Telephone home:(____) _____ work:(____) _____ cell:(____) _____

Father's Name _____
 Telephone home:(____) _____ work:(____) _____ cell:(____) _____

Name of another person to be contacted in case of emergency if you cannot be reached: _____ Relation to child: _____
 Telephone home:(____) _____ work:(____) _____ cell:(____) _____
 Parent/Guardian's Health Insurance Company _____
 Policy Number _____

NOTES TO PARENTS:

1. URI provides limited insurance coverage for all campers up to \$3,500.00 per injury. The parent/guardian is responsible for costs beyond this limit.
2. If your child has had or has been exposed to a contagious disease or gets a serious cut, bruise, sprain, break, other injury or skin rash during the week prior to coming to Alton Jones, please contact our nurse by phone.
3. All medications will be stored safely in a centrally located area except Inhalers and Bee Sting Kits/Epi-pens, which may be carried by children at all times. Please include a fanny pack or daypack for campers who must carry these emergency medicines.
4. **All medications** must be properly labeled, correlated with instructions and placed in a ziploc bag.
5. **Prescription Medication:** If your child is bringing medication prescribed by a physician, the medication must be in the original container with the doctor's orders on the container. Medications will be dispensed as specified on the container unless a physician's note is attached indicating a change in dosage. The medication will be dispensed under the supervision of an R.N. or other authorized staff member.
6. An information sheet on ticks and tick-borne illnesses is included in this packet. Please read it carefully.

If your child is bringing prescription medication please complete the following:

<u>Medication</u>	<u>Dosage/Time</u>	<u>Reason</u>

(Over Please)

MEDICAL BACKGROUND

If YES is checked, give **approximate dates, method of treatment, and or restrictions**. If your child is under the care of a Social Worker, Psychologist, Behavioral Therapist etc., please fill in specific information concerning your child's needs.

- Bleeding Disorders Yes No _____
- Epilepsy Yes No _____
- Diabetes Yes No _____
- Abscessed Ears Yes No _____
- Asthma Yes No _____
- Nebulizer? Yes No _____
- Allergy Injections Yes No _____
- Sleep Walking Yes No _____
- Fainting Yes No _____
- Kidney Trouble Yes No _____
- Heart Trouble Yes No _____
- Bed Wetting Yes No _____
- Compromised Immune System Yes No _____
- Spleen Removed Yes No _____
- Emotional Issues Yes No _____
- Behavioral Issues Yes No _____
- Learning Disability Yes No _____
- Requires an Aide at School Yes No _____
- Traveled out of U.S. in last 3 mo. Yes No Country(s) _____ Dates _____
- Other Yes No _____
- Does your child have any allergic reactions to: (Please note reaction)
- Bee Stings Yes No _____
- Medications Yes No _____
- Food or Drink Yes No _____
- Other Allergies? Yes No _____
- Is child under special treatment? Yes No _____
- Any Dietary Restrictions? Yes No _____
- Vegetarian? Yes No _____
- Any restrictions at school? Yes No _____ **A doctor's note is required.**
- Has child had a tetanus booster? Yes No Date: _____
- Are immunizations up-to-date? Yes No _____
- Bringing **over the counter meds**? Yes No Please complete the following:

<u>Medication</u>	<u>Dosage</u>	<u>Reason</u>

Permission to secure treatment: I give permission to have my child treated by the W. Alton Jones Campus nurse, authorized staff, or a physician in case of severe illness or emergency in which I cannot be reached. In the event that an illness or injury should arise in which a doctor's diagnosis is required, I authorize the campus management to dismiss my child early, in which case I will assume responsibility for arranging transportation. I hereby assume responsibility for all medical expenses for my child not covered by the University of Rhode Island accident insurance policy. (Please note that some hospital emergency rooms require notarization for permission to treat a minor. To promote optimal treatment security for your child, please have this form notarized.)

Parent/Guardian Signature (must sign)

Date

Notary (optional)

Date

TICKS AND YOUR CHILD

Blacklegged ticks, also known as deer ticks (*Ixodes scapularis*), which can carry Lyme Disease as well as the less common Human Granulocytotropic Anaplasmosis (HGA) and Babesiosis, are prevalent in Rhode Island. Disease carrying ticks have been found in 43 states and are common in many parts of the Northeast. Caution is appropriate for anyone spending time in the outdoors. Here are answers to some commonly asked questions about ticks.

What is the likelihood of my child getting a tick-borne disease at Alton Jones? Spending time outside in natural areas increases the possibility of getting a tick-borne disease. We work diligently to minimize risks and provide maximum protection for each child. We feel it is important to keep parents informed so that if a child displays symptoms, a prompt diagnosis can be made and proper treatment can be given.

What measures are taken to prevent tick bites? At W. Alton Jones we take a proactive approach. We teach children to be aware of ticks and methods of tick-bite prevention. We talk to them about ticks at their first orientation meeting. We teach them how to check themselves for ticks and frequently remind them to do so. We work to keep our trails trimmed and we make every effort to avoid high-tick areas.

What if a tick bites my child? In the event that an embedded tick is found on a child, a trained staff member will promptly remove the tick. It is possible for an infected tick to be embedded for up to 48 hours before transmitting a disease. Prompt tick removal will reduce the likelihood of disease transmission. We call parents of any child who is bitten by a tick so that they can monitor the child for symptoms once they are home.

What are the symptoms of tick-borne diseases? We encourage all parents and children to become familiar with the symptoms since a tick bite can go undetected. If any symptoms occur, contact your doctor and tell them that your child may have been exposed to ticks. Many symptoms are flu-like while tick-borne diseases are most likely to occur outside of the normal flu season.

- **Lyme Disease:** Early symptoms generally appear within a week and include an expanding (often but not always bulls-eye shaped) skin rash that can be, but is not always, near the bite site. The rash occurs in 60% to 80% of all cases, appears 3 days to 1 month after the bite, and confirms a diagnosis of Lyme Disease. Also watch for chills, fever, headache, stiff neck, fatigue, swollen lymph nodes, dizziness and aching joints and muscles. Another possible symptom is swelling and pain in the joints, especially the knees. These symptoms may not seem serious enough to warrant initial concern. Lyme Disease is the most common tick-borne disease and is treatable with antibiotics.
- **Human Granulocytotropic Anaplasmosis (HGA):** Symptoms include fever, headache, malaise, chills, sweating, muscle aches, nausea and vomiting. Symptoms may be severe and it is sometimes initially misdiagnosed as meningitis. This disease is rare but has been increasing in recent years. It is treatable with tetracycline derivative drugs (used with caution since some drugs will permanently stain children's teeth).
- **Babesiosis:** Symptoms are generally mild or go unnoticed and may require no treatment but can be severe in rare cases. Symptoms occur within 1 to 4 weeks and include a gradual onset of malaise, loss of appetite, and fatigue followed within a week or so by fever, drenching sweats, shaking chills, nausea, vomiting, headache, muscle pain, weakness, and depression. This disease is extremely rare particularly in children, however people with impaired immune systems or those who have had their spleen removed are at risk of severe and possibly fatal reactions.

What can parents do to help prevent tick bites? Insect repellents can be sprayed on clothing or skin to help prevent tick bites. Be sure that the label says it is effective against ticks and that it contains 30% or less of the chemical DEET since that is the maximum concentration currently recommended for children. Permethrin is highly effective against ticks but can only be applied to clothing (see: www.insectshield.com). Light colored clothing helps in locating ticks. Keeping ticks off children and removing them before they bite or transmit a disease are the keys to prevention.

Assist us in tick bite prevention by helping your son or daughter thoroughly check themselves for ticks as soon as they return home. Remove any embedded ticks with tweezers. Launder dirty clothing promptly and dry at high temperatures. Know and watch for symptoms of tick-borne diseases.

Call 401-397-3304 ext. 6043 if you have questions or if your child contracts a tick-borne disease and you believe it was from attending a program at Alton Jones (we try to keep track of cases). We welcome your comments.

PARENT/GUARDIAN AGREEMENT

SEND IN BY JUNE 15

Day Camp

In order that the W. Alton Jones Campus staff may provide each camper maximum opportunity for personal growth, I understand that in signing this agreement I certify that my child is healthy and free of problems that could be detrimental to his/her safety or that of other campers while in camp and I have disclosed any possible issues in writing to the camp management or nurse .

In the event that my child's behavior is felt to be unsafe or unmanageable, or if an illness or injury should arise in which a doctor's diagnosis is required, I authorize the camp management to dismiss my child early, in which case I will assume responsibility for transporting my child from the camp at a time specified by the program management. If I am not available, I authorize the people listed (see below) to pick up my child.

I grant permission for the camper named on this form to participate in all planned activities dictated by the program he/she is attending which may include but are not limited to swimming, gardening, interaction with farm animals, hiking, and camp-authorized transportation including transportation in a 15-passenger van or busette. I have read and understand the program descriptions in the camp brochure and on the camp website and I understand that participation in activities can expose my child to dangers both from known risks and from unanticipated risks. I recognize that the Day Camp management reserves the right to change plans if weather or other circumstances dictate. I also understand that if the health or safety of other campers or staff or suspicion of theft indicates the need, campers may be required to inventory their belongings in the presence of staff members. The W. Alton Jones Campus is not responsible for lost or stolen items.

I also authorize the University of Rhode Island to have and use without charge photographs, recordings, and computer images of the camper named on this form as may be needed for its records or for public relations purposes.

It is my understanding that the University of Rhode Island provides limited accident insurance coverage for all campers up to \$5000.00 maximum per injury. I understand that in signing this agreement, I hereby assume responsibility for all medical expenses for my son/daughter not covered by the University of Rhode Island accident insurance policy.

I understand that a photo driver's license (or an equivalent photo ID) is required to pick up my child. In the event of an emergency during a time when I cannot be reached, or if I (the person signing this form) will not be picking up my child at the end of the camp day, I authorize the following people to sign out my child upon presentation of a photo driver's license for identification. We will NOT send your child away with anyone without your permission!

√ Check all that apply:

- I plan to send my child on the shuttle bus from Kingston W. Warwick/E.G. E. Providence Cranston
- Every day Mornings: Monday Tuesday Wednesday Thursday Friday
- both AM & PM Afternoons: Monday Tuesday Wednesday Thursday Friday

Camper's Name (please print) _____

Spouses and ex-spouses must be listed if you would like them to be able to pick up your child.

Name _____ Relation to Child _____
Telephone home:(_____) _____ work:(_____) _____ cell:(_____) _____

Name _____ Relation to Child _____
Telephone home:(_____) _____ work:(_____) _____ cell:(_____) _____

Signed _____ Date _____

Parent/Legal Guardian

Print name _____

Parent/Legal Guardian

Present This Form At Check-In
UNIVERSITY OF RHODE ISLAND W. ALTON JONES CAMPUS
ENVIRONMENTAL EDUCATION CENTER
Woodvale Farm Day Camp

BEHAVIOR AGREEMENT

Camper Name _____ Dates Attending _____

At Alton Jones, we strive to create a caring and supportive community. We want all children to feel safe, welcomed and accepted. Following rules and abiding by directions ensures a memorable experience. Campers are expected to respect themselves, others, and the environment. Inappropriate behavior negatively affects everyone.

Since the Alton Jones experience passes so quickly we try to deal with behavior issues before they snowball. We have developed a clear four-strike system of consequences for inappropriate behavior. It is used when a child has gone beyond acceptable limits.

1. Strike One: Child gets a warning.
2. Strike Two: Child sits out of an activity and has a disciplinary meeting with the Alton Jones Coordinator.
3. Strike Three: The Coordinator calls home to communicate the child's behavior. The parent speaks with the child.
4. Strike Four: The parent must pick up the child.

The severity of the offense may demand a second, third, or fourth strike remedy. This progressive discipline system, combined with positive reinforcement, is designed to put behavior decisions in the child's hands. It is meant to give the camper opportunities to make positive choices. The goal is to change negative behavior in order to prevent a child from being sent home.

I know that how I act affects the people around me. I understand the meaning of this behavior agreement. I know that proper behavior is expected of me and that if I act badly, I could be sent home. I pledge that I will follow the rules and treat others with respect.

Camper Signature

Date

I have read and understand this behavior agreement. I understand that proper behavior is expected and that inappropriate behavior could potentially lead to my child being sent home and that no refund will be given. I understand that in addition to not following rules, a child may be sent home if they are acting or talking about acting in a way that is physically or emotionally unsafe to themselves or others. I understand that the Alton Jones Campus reserves the right to deny access to children who have been disruptive in the past or sent home previously due to behavior issues. I have discussed this behavior agreement with my child and have impressed upon him/her the importance of following the rules and behaving appropriately.

Parent/Guardian Signature

Date

**UNIVERSITY OF RHODE ISLAND W. ALTON JONES CAMPUS
ENVIRONMENTAL EDUCATION CENTER**

DAY CAMP SHUTTLE BUS SERVICE

Thank you for choosing to use the shuttle service to and from Day Camp. To reserve shuttle space, you must pre-register. Safety is our primary objective. Please carefully read over the following information and review key points with your child.

1. Plan to arrive at the pick-up site 10 minutes early. Watch for the shuttle, which is a yellow school bus.
2. Let your child know if he/she is to take the shuttle home.
3. Whoever picks up your child must be listed on the Parent/Guardian Agreement (even if they are your spouse) and must present a photo driver's license upon pick-up.
4. For safety purposes, since the pick-up sites are in parking lots, please have your children remain in your car until the shuttle arrives and then escort them to the bus. In the afternoon, the children will remain on the shuttle and will be dismissed one at a time as parents sign them out. Please escort them safely to your car.
5. While on the bus proper behavior is required. Children must remain in their seats and keep noise to a minimum.
6. If there is no one present to pick up a child, or if the pick-up person cannot produce an acceptable photo ID, the bus cannot wait. The child will be taken to the last stop where the staff will wait with the child for pick up.

KINGSTON/EAST GREENWICH-WEST WARWICK SHUTTLE:

Kingston Pick-up/Drop-off Location: University of Rhode Island Athletic Complex/Ryan Center south side parking lot off Route 138 (at the intersection of Keaney Road and Kingstown Road/Route 138). Look for the shuttle close to Route 138.

East Greenwich/West Warwick Pick-up/Drop-off Location: In the parking lot of Cardi's Furniture Superstore 1681 Quaker Lane, W. Warwick (Route 2 north of exit 8 on Route 95). Take Route 95 to exit 8 (Route 2 North), turn left at the lights into Cardi's, turn left as you enter the parking lot. The bus will meet in the side of the parking lot closest to Route 2.

7:50 AM Leave Kingston

8:25 AM Leave E. Greenwich/W. Warwick

9:00 AM Arrive at W. Alton Jones

3:30 PM Leave W. Alton Jones

4:00 PM Arrive E. Greenwich/W. Warwick

4:40 PM Arrive Kingston

EAST PROVIDENCE/CRANSTON SHUTTLE:

East Providence Pick-up/Drop-off location: East Providence High School, 2000 Pawtucket Avenue. From I-195 East take Exit 8/From I-195 West take Exit 3 for Route 6. Turn right onto Route 6 West/Warren Avenue. Take first right onto Pawtucket Avenue. East Providence High School will be on the right.

Cranston Pick-up/Drop-off location: Garden City Office Max, 200 Hillside Road. Take Route 95 to Route 37W (Exit 14). Take first exit (Pontiac Avenue). Turn right onto Pontiac Avenue. Turn left at the first set of lights onto Sockanosset Crossroads. Turn right at Hillside Road and into Office Max parking lot. Meet shuttle on left side of Office Max near the large stonewall.

7:50 AM Leave East Providence

8:15 AM Leave Cranston

9:00 AM Arrive at W. Alton Jones

3:30 PM Leave W. Alton Jones

4:00 PM Arrive Cranston

4:40 PM Arrive East Providence

Directions to the W. Alton Jones Campus

Take Exit 5B off Route 95 from the North or South. Follow Route 102 North for 2 ½ miles. Turn left at the W. Alton Jones Campus sign onto Brown's Corner Road. Travel straight on the paved road for approximately 1½ miles. Turn right at the "T" for Woodvale Farm and Eco-Zone. Woodvale Farm parking is on the left. For the *Eco-zone* Ecology Day Camp, continue ½ mile down the hill. The Nettie Marie Jones Nature Preserve is on the right. Turn Left at the "T" for Teen X Day Camp and follow signs to the Environmental Education Center. Meet outside the Main Lodge.