

UNIVERSITY OF RHODE ISLAND W. ALTON JONES CAMPUS
DAY CAMP HEALTH HISTORY FORM

SEND IN BY JUNE 15

Parent/Guardian: Please **complete both sides** of this form and **send it to camp by June 15** with the Day Camp Confirmation form. If your child requires Special Treatments, injections, or has mobility limitations (e.g. crutches or wheelchair) you must contact the W. Alton Jones nurse by phone at least **two weeks before** the program (401-397-3304 ext. 6043).

Dates of Camp Session(s) _____
Child's Name _____ Age _____ Weight _____
Address _____
_____ Birth Date _____

Father's Name _____
Telephone home:(____) _____ work:(____) _____ emergency:(____) _____

Mother's Name _____
Telephone home:(____) _____ work:(____) _____ emergency:(____) _____

Name of another person to be contacted in case of emergency if you cannot be reached: _____ Relation to child: _____
Telephone home:(____) _____ work:(____) _____ emergency:(____) _____
Parent/Guardian's Health Insurance Company _____
Policy Number _____

NOTES TO PARENTS:

1. URI provides limited insurance coverage for all campers up to \$3,500.00 per injury. The parent/guardian is responsible for costs beyond this limit.
2. If your child has had or has been exposed to a contagious disease or gets a serious cut, bruise, sprain, break, other injury or skin rash during the week prior to coming to Alton Jones, please contact our nurse by phone.
3. All medications will be stored safely in a centrally located area except Inhalers and Bee Sting Kits/Epi-pens, which may be carried by children at all times. Please include a fanny pack for campers who must carry these emergency medicines.
4. **All medications** must be properly labeled, correlated with instructions and placed in a ziploc bag.
5. **Prescription Medication:** If your child is bringing medication prescribed by a physician, the medication must be in the original container with the doctor's orders on the container. Medications will be dispensed as specified on the container unless a physician's note is attached indicating a change in dosage. The medication will be dispensed under the supervision of an R.N. or other authorized staff member.
6. An information sheet on ticks and tick-borne illnesses is included in this packet. Please read it carefully.

If your child is bringing prescription medication please complete the following:

<u>Medication</u>	<u>Dosage/Time</u>	<u>Reason</u>

(Over Please)

MEDICAL BACKGROUND

If YES is checked, give **approximate dates, method of treatment, and or restrictions.** If your child has a compromised immune system or has had his/her spleen removed, contact our nurse two weeks before camp begins. If your child is under the care of a Social Worker, Psychologist, Behavioral Therapist etc., please fill in specific information concerning your child's needs.

- Bleeding Disorders Yes No _____
- Convulsions Yes No _____
- Epilepsy Yes No _____
- Diabetes Yes No _____
- Abscessed Ears Yes No _____
- Asthma Yes No _____
- Nebulizer? Yes No _____
- Allergy Injections Yes No _____
- Sleep Walking Yes No _____
- Fainting Yes No _____
- Kidney Trouble Yes No _____
- Heart Trouble Yes No _____
- Bed Wetting Yes No _____
- Immune Compromised Yes No _____
- Spleen Removed Yes No _____
- Emotional Issues Yes No _____
- Behavioral Issues Yes No _____
- Learning Disability Yes No _____
- Vegetarian Yes No _____
- Other Yes No _____

Does your child have any allergic reactions to: (Please note reaction)

- Bee Stings Yes No _____
- Medications Yes No _____
- Food or Drink Yes No _____
- Other allergies Yes No _____

Under special treatment? Yes No _____

Any restrictions at school? Yes No _____ **A doctor's note is required.**

Had a tetanus booster? Yes No Date: _____

Immunizations up-to-date? Yes No _____

Bringing **over the counter** meds? Yes No Please complete the following:

<u>Medication</u>	<u>Dosage</u>	<u>Reason</u>

Permission to secure treatment: I give permission to have my child treated by the W. Alton Jones Campus nurse, authorized staff, or a physician in case of severe illness or emergency in which I cannot be reached. In the event that an illness or injury should arise in which a doctor's diagnosis is required, I authorize the campus management to dismiss my child early, in which case I will assume responsibility for arranging transportation. I hereby assume responsibility for all medical expenses for my child not covered by the University of Rhode Island accident insurance policy. (Please note that some hospital emergency rooms require notarization for permission to treat a minor. To promote optimal treatment security for your child, please have this form notarized.)

Parent/Guardian Signature (must sign)

Date

Notary (optional)

Date

UNIVERSITY OF RHODE ISLAND W. ALTON JONES CAMPUS
ENVIRONMENTAL EDUCATION CENTER

PARENT/GUARDIAN AGREEMENT

SEND IN BY JUNE 15

Day Camp

In order that the W. Alton Jones Campus staff may provide each camper maximum opportunity for personal growth, I understand that in signing this agreement I certify that my child is healthy and free of problems that could be detrimental to his/her safety or that of other campers while in camp.

In the event that my child's behavior is felt to be unsafe or unmanageable, or if an illness or injury should arise in which a doctor's diagnosis is required, I authorize the camp management to dismiss my child early, in which case I will assume responsibility for transporting my child from the camp at a time specified by the program management. If I am not available, I authorize the people listed (see below) to pick up my child.

I grant permission for the camper named on this form to participate in all planned activities dictated by the program he/she is attending which may include but are not limited to swimming, gardening, interaction with farm animals, canoeing (*Eco-zone Ecology Day Camp* only), hiking, and camp-authorized transportation including transportation in a 15-passenger van. I understand that participation in activities can expose my child to dangers both from known risks and from unanticipated risks. I recognize that the Day Camp management reserves the right to change plans if weather or other circumstances dictate.

I also authorize the University of Rhode Island to have and use photographs, slides, recordings, and computer images of the camper named on this form as may be needed for its records or for public relations purposes.

It is my understanding that the University of Rhode Island provides limited accident insurance coverage for all campers up to \$3500.00 maximum per injury. I understand that in signing this agreement, I hereby assume responsibility for all medical expenses for my son/daughter not covered by the University of Rhode Island accident insurance policy.

I understand that a photo driver's license (or an equivalent photo ID) is required to pick up my child. In the event of an emergency during a time when I cannot be reached, or if I (the person signing this form) cannot pick up my child at the end of camp, I authorize the following people to sign out my child upon presentation of a photo driver's license for identification.

Camper's Name (please print) _____

Spouses must be listed if you would like them to be able to pick up your child.

Name _____ Relation to _____
Child _____
Telephone _____
home:(_____) _____ work:(_____) _____

Name _____ Relation to _____
Child _____
Telephone _____
home:(_____) _____ work:(_____) _____

Signed _____ Date _____
Parent/Guardian

Print name _____

**UNIVERSITY OF RHODE ISLAND W. ALTON JONES CAMPUS
ENVIRONMENTAL EDUCATION CENTER**

DAY CAMP SHUTTLE BUS SERVICE

Thank you for choosing to use the shuttle service to and from Day Camp. To reserve shuttle space, you must pre-register. Safety is our primary objective. Please carefully read over the following information and review key points with your child.

1. Plan to arrive at the pick-up site 10 minutes early. Watch for the shuttle, which is a yellow school bus.
2. Let your child know if he/she is to take the shuttle home.
3. Whoever picks up your child must be listed on the Parent/Guardian Agreement (even if they are your spouse) and must present a photo driver's license upon pick-up.
4. For safety purposes, since the pick-up sites are in parking lots, please have your children remain in your car until the shuttle arrives and then escort them to the bus. In the afternoon, the children will remain on the shuttle and will be dismissed one at a time as parents sign them out. Please escort them safely to your car.
5. While on the bus proper behavior is required. Children must remain in their seats and keep noise to a minimum.

CRANSTON/EAST GREENWICH SHUTTLE:

Week 1: June 23-27; Week 3: July 7 - 11; Week 5: July 21 - 25; Week 7: Aug. 4 - 8

Cranston Pick-up/Drop-off location: Garden City Shaw's. Take Route 95 to Route 37W (Exit 14). Take first exit (Pontiac Avenue). Turn right onto Pontiac Avenue. Turn left at the first set of lights onto Sockanosset Crossroads. Turn right into Shaw's parking lot. Meet the shuttle on the side of Shaw's facing Sockanosset Crossroads.

East Greenwich Pick-up/Drop-off Location: East Greenwich Square across from Showcase Cinema. Take Route 95 to Route 2 South, left at first set of lights. The shuttle will be located near the clock tower in the parking lot.

8:00 AM Leave Cranston	3:30 PM Leave W. Alton Jones
8:30 AM Leave East Greenwich	4:00 PM Arrive East Greenwich
9:00 AM Arrive at W. Alton Jones	4:30 PM Arrive Cranston

WAKEFIELD/KINGSTON SHUTTLE:

Week 2: June 30 - July 3; Week 4: July 14 - 18; Week 6: July 28 - Aug. 1; Week 8: August 11 - 15

Wakefield Pick-up/Drop-off Location: Wakefield Mall parking lot off Old Tower Hill Road. Take the Wakefield Exit off of Route 1. The Wakefield Mall is on the right. Look for the shuttle in the right hand parking lot (on the right as you are driving in) in the section closest to Old Tower Hill Road.

Kingston Pick-up/Drop-off Location: University of Rhode Island Athletic Complex (Keaney Gym) south side parking lot off Route 138. Look for the shuttle close to Route 138.

8:00 AM Leave Wakefield	3:30 PM Leave W. Alton Jones
8:20 AM Leave Kingston	4:10 PM Arrive Kingston
9:00 AM Arrive at W. Alton Jones	4:30 PM Arrive Wakefield

Directions to the W. Alton Jones Campus

Take Exit 5B off Route 95 from the North or South. Follow Route 102 North for 2 ½ miles. Turn left at the W. Alton Jones Campus sign onto Brown's Corner Road. Travel straight on the paved road for approximately 1½ miles. Turn right

at the "T". Woodvale Farm parking is on the left. For the *Eco-zone* Ecology Day Camp, continue ½ mile down the hill. The Nettie Marie Jones Nature Preserve is on the right.

TICKS AND YOUR CHILD

Blacklegged ticks, also known as deer ticks (*Ixodes scapularis*), which can carry Lyme Disease as well as the less common Human Granulocytic Ehrlichiosis and Babesiosis, are prevalent in Rhode Island. Disease carrying ticks have been found in 43 states. Caution is appropriate for anyone spending time in the outdoors. Tick population levels vary from year to year and place to place. Here are answers to some commonly asked questions about ticks.

What is the likelihood of my child getting a tick-borne disease at Alton Jones? It is unlikely that your child will get a tick-borne disease from attending a program at the URI W. Alton Jones Campus. We work diligently to minimize risks and provide maximum protection for each child who attends our programs. We feel it is important to keep parents informed so that if a child displays symptoms, a prompt diagnosis can be made and proper treatment can be given.

What measures are taken to prevent tick bites? While the risk of getting a tick-borne illness at W. Alton Jones is low, we take a proactive approach. We teach children to be aware of ticks and methods of tick-bite prevention. We talk to them about ticks at their first orientation meeting. We teach them how to check themselves for ticks and frequently remind them to do so. We work to keep our trails trimmed back and we make every effort to avoid areas known to have high numbers of ticks. The W. Alton Jones Campus is participating in on-going, long-term tick research.

What if a tick bites my child? In the event that an embedded tick is found on a child, a trained staff member will promptly remove the tick. It is possible for an infected tick to be embedded for up to 48 hours before transmitting a disease. Prompt tick removal will reduce the likelihood of disease transmission. We call the parents of any child who is bitten by a tick since some pediatricians will prescribe antibiotics as a preventative measure. Other pediatricians prefer to wait to see if symptoms occur.

Can the tick be tested? If your child is bitten, you may request to have the tick saved for you to send out to be tested for Lyme Disease. One company that tests ticks is Imugen, 220 Norwood Park South, Norwood, MA 02062 (phone: 781-255-0770). Mail the tick in a crush proof container (such as a zip-lock bag surrounded by bubble wrap or a film canister) with a check for \$45 and information on where and how you want the report sent (phone, fax or mail). Do not store the tick in alcohol or any other liquid. Results take two weeks. A tick that tests positive for Lyme Disease does not mean that your child has Lyme Disease. It simply gives you more information.

What are the symptoms of tick-borne diseases? We encourage all parents and children to become familiar with the symptoms since it is possible for a tick bite to go undetected. If any symptoms occur, contact your doctor about possible exposure to tick-borne diseases. Please note that many of these symptoms are flu-like while tick-borne diseases are most likely to occur outside of the normal flu season. **Lyme Disease:** Early symptoms generally appear within a week and include an expanding (often but not always bulls-eye shaped) skin rash that can be, but is not always, near the bite site. The rash occurs in 60% to 80% of all cases and appears 3 days to 1 month after the bite. Also watch for chills, fever, headache, stiff neck, fatigue, swollen lymph nodes, dizziness and aching joints and muscles. Another possible symptom is swelling and pain in the joints, especially the knees. These symptoms may not seem serious enough to warrant initial concern. Lyme Disease is the most common tick-borne disease and is treatable with antibiotics.

Human Granulocytic Ehrlichiosis: Symptoms include fever, headache, malaise, chills, sweating, muscle aches, nausea and vomiting. Symptoms may be severe and it is sometimes initially misdiagnosed as meningitis. This disease is rare but has been increasing in recent years. It is treatable with tetracycline derivative drugs (used with caution since some drugs will permanently stain children's teeth). **Babesiosis:** Symptoms are generally mild and may require no treatment but can be severe in some cases. Symptoms occur within 1 to 4 weeks of a tick bite and include a gradual onset of malaise, loss of appetite, and fatigue followed within a week or so by fever, drenching sweats, shaking chills, nausea, vomiting, headache, muscle pain, weakness, and depression. This disease is extremely rare particularly in children, however people with impaired immune systems or who have had their spleen removed are at greater risk.

What can parents do to help prevent tick bites? Certain insect repellents can be sprayed on clothing and skin to help prevent tick bites. Be sure that the label says it is effective against ticks. Repellents need to contain less than 10% of the chemical DEET since any greater amount may be hazardous to children. Light colored clothing can help children locate ticks. Keeping ticks off children and removing them before they bite or transmit the disease are the keys to disease prevention.

You can assist us in tick bite prevention by helping your son or daughter thoroughly check themselves for ticks as soon as they return home. Remove any embedded ticks with tweezers. Launder dirty clothing promptly and dry at high temperatures. Know the symptoms of tick-borne diseases.

Please call 401-397-3304 ext. 6043 if you have further questions or if your child contracts a tick-borne disease and you believe it was from attending a program at Alton Jones (we try to keep track of cases). We welcome your comments.