



TAKE ACTION TO STAY HEALTHY & REDUCE GERMS

- 👉 Wash your hands **FREQUENTLY** with soap and water or alcohol-based hand cleaner**
- 👉 Cough or sneeze into your sleeve or tissue**
- 👉 Avoid touching your eyes, nose, or mouth**
- 👉 If you are sick, stay at home**

THE
UNIVERSITY
OF RHODE ISLAND

***LET'S REDUCE THE FLU
TOGETHER AS A COMMUNITY!***