



### **Certificate in Interdisciplinary Practice in Geriatrics**

Recently awarded a five-year cooperative agreement from the Health Resources and Services Administration (HRSA), RIGEC launched a new CIPG program in September 2010. The new CIPG program curriculum is competency-based, reflecting national trends toward establishing a core set of knowledge and skills for all health care professionals who work with older adults.

At the completion of the five-workshop series, CIPG completers will be able to:

#### **1. Health Promotion and Safety**

- Advocate interventions and behaviors that promote physical and mental health
- Assess specific risks and barriers to older adults' safety
- Recognize the principles and practices of safe, appropriate, and effective medication use in older adults

#### **2. Evaluation and Assessment**

- Define the purposes and components of an interdisciplinary comprehensive geriatric assessment; conduct a comprehensive geriatric assessment in their professional discipline
- Apply knowledge of the biological, physical, cognitive, psychological, and social changes commonly associated with aging
- Communicate in a linguistically and culturally appropriate manner with patients, families, and other professionals

#### **3. Care Planning and Coordination Across the Care Spectrum**

- Develop advanced care plans based on older adults' preferences and treatment/care goals and their physical, psychological, social, and spiritual needs
- Develop treatment plans based on best evidence and on person-centered care goals
- Recognize the need for continuity of treatment and communication across the spectrum of services and during transitions of care

#### **4. Interdisciplinary and Team Care**

- Communicate and collaborate with older adults, their caregivers, and health care professionals to incorporate discipline-specific information into team care planning and implementation

#### **5. Caregiver Support**

- Evaluate the continued appropriateness of care plans and services based on older adults' and caregivers' changes in age, health, and function
- Know how to access and explain the availability of services for older adults and caregivers to meet their goals

#### **6. Healthcare Systems**

- Provide information to older adults and their caregivers about the continuum of long-term care services and support