

## Mark L. Robbins, Ph.D.

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### EDUCATION

- 1993 Ph.D. Rutgers, The State University of New Jersey, New Brunswick, NJ  
Major: Clinical Psychology, Clinical Track: Behavioral Medicine  
Dissertation: *Hostility, Illness Cognition, and the Process of Coping with the Threat of Coronary Heart Disease.*  
Major Professor: Richard J. Contrada, Ph.D.
- 1990 Brown University Psychology Internship Consortium, Providence, RI  
Clinical Internship Specialty Area: Behavioral Medicine
- 1988 M.S. Rutgers, The State University of New Jersey, New Brunswick, NJ  
Major: Clinical Psychology  
Thesis: *Delay in Seeking Treatment for Suspected Coronary Artery Disease: An Evaluation of Illness Behavior, Introspectiveness, and the Type A Behavior Pattern.*  
Major Professor: Richard J. Contrada, Ph.D.
- 1984 B.S. University of Illinois, Champaign-Urbana, IL  
Major: Psychology, Magna Cum Laude, Honors and Distinction  
Thesis: *The Effects of Mood on Judgment and Memory: The Informational Function of Affective States.*  
Thesis Advisor: Gerald R. Clore, Ph.D.

### CURRENT APPOINTMENTS

**Assistant Professor**, Department of Psychology, University of Rhode Island, Kingston, RI, 2004  
– Present.

**Research Faculty**, Cancer Prevention Research Center, University of Rhode Island, Kingston, RI, 1998 – Present.

## **ADDITIONAL PROFESSIONAL EXPERIENCE**

**Associate Research Professor**, Cancer Prevention Research Center, University of Rhode Island, Kingston, RI, 2003 – 2004.

**Assistant Research Professor**, Cancer Prevention Research Center, University of Rhode Island, Kingston, RI, 1998 – 2003.

**Adjunct Assistant Professor**, Department of Psychology, University of Rhode Island, Kingston, RI, 1998 – 2003.

**Postdoctoral Research Fellow**, Cancer Prevention Research Center, University of Rhode Island, Kingston, RI, 1996 - 1998.

**Postdoctoral Clinical Fellow**, Division of Preventive & Behavioral Medicine, University of Massachusetts Medical Center, Worcester, MA, 1994 – 1996.

**Grant Coordinator**, Post-Traumatic Stress Disorder Clinic, Brown University - Veterans Administration Medical Center, Providence, RI, 1991 – 1994.

## **PROFESSIONAL LICENSE**

Licensed for professional practice in psychology in Rhode Island, # PS00531, 1994 - present.

## **AREAS OF RESEARCH INTEREST AND SPECIALIZATION**

Health Promotion and Disease Prevention; Models of Health Behavior Change; Tailoring Health Communication Messages; Organ Donation and Transplantation; Blood Donation, Healthcare Decision-Making; Smoking Prevention and Cessation; Medical Regimen Adherence; Interpersonal Determinants of Health Behavior Change.

## **AREAS OF CLINICAL INTERESTS AND SPECIALIZATION**

Health Psychology; Behavioral Medicine; Adjustment and Coping with Chronic Illness; Stress Management; Motivational Interviewing; Public Health Interventions & Expert Systems Technology; Post-traumatic Stress Disorder.

## **HONORS AND AWARDS**

Society of Behavioral Medicine, Citation Abstract Award, 2002.

American Lung Association of RI, Program Volunteer Award, 1995.

Phi Beta Kappa, University of Illinois, 1984.

Janet Tritsch Memorial Award for Excellence in Undergraduate Research in Psychology, 1984.

Honors and Distinction in Psychology, Magna Cum Laude, University of Illinois, 1984.

Golden Key Honor Society, 1983.

## **PROFESSIONAL MEMBERSHIPS**

American Psychological Association, 1994-  
Division 38 - Health Psychology  
American Psychological Society, 2003-  
Association for Behavioral and Cognitive Therapy, 1990-  
The Society of Behavioral Medicine, 1989-

## **INVITED EXPERT PANELS AND COMMITTEES**

**Advisory Committee Member**, American Medical Association, Health Resources and Services Administration. National focus group study on physician participation in the organ donation process, 2001 – 2002.

**Workshop Panelist**, *Roles and Training for the Donation Process: Developing A Resource Guide*. Department of Health and Human Services, Health Resources and Services Administration, Health Care Financing Administration, Baltimore, MD, 1999.

**Workshop Panelist**, Training Conference on new applications of the Transtheoretical Model, *The Transtheoretical Approach to Research and Grant Development*, West Greenwich, RI, 1999.

**Workshop Discussant**, *Best practices in approaching families for consent for cadaveric organ donation*. South Eastern Organ Procurement Foundation (SEOPF) Tri-Annual Meeting, San Antonio, TX, 1997.

**Committee Member**, Agency for Health Care Policy and Research, Expert Meeting on Increasing Organ Donation, Baltimore, MD, 1997.

## **AD HOC REVIEWER: Professional Journals**

*American Journal of Health Promotion*  
*Health Communication*  
*Health Psychology*  
*Health Education & Behavior*  
*Journal of Applied Communication Research*  
*Social Science and Medicine*

## **AD HOC REVIEWER: Funding Agencies**

*Special Grants Review Committee*, Health Resources and Services Administration, Division of Transplantation, Washington, DC, 2002, 2005, 2007.

*Special Grants Review Committee, Health Resources and Services Administration, Division of Transplantation, Washington, DC, September, 2004. Media-Based Grassroots Efforts to Increase Minority Solid Organ Donation.*

**AD HOC REVIEWER: Professional Societies**

American Psychological Association  
Division 38 Health Psychology, 1989  
Society of Behavioral Medicine, 2004, 2006, 2007

**GRANTS SUBMITTED FOR REVIEW OR IN DEVELOPMENT**

**Principal Investigator**, *Feasibility of Expert System to Promote African American Blood Donation for SCD (Sickle Cell Disease)* (2008-2010). National Heart Lung and Blood Institute. Requested: \$414,131. In Review.

**FUNDED GRANTS AND CONTRACTS**

**Co-Investigator**, *Treatment Goals at the End of Life*. (2006-2009). National Institute of Aging. Requested: \$1,533,812. Principal Investigator: Terri R. Fried.

**Co-Investigator**, *Maintenance in Multiple Behaviors with Emphasis on Aging*. (2006-2010). National Institute of Aging, R01 AG024490. Awarded: \$738,000. Principal Investigator: James O. Prochaska.

**Principal Investigator**, *Community and Tailored Expert System Interventions to Increase Organ Donation Intent Among African Americans* (2004-2007). Awarded: \$ 1,078,385. Health Resources and Services Administration, Division of Transplantation.

**Principal Investigator**, *Individual and Campus-Wide Interventions to Increase Donation Intentions Among African American College Students* (2001-2004). Health Resources and Services Administration, Division of Transplantation #1H39OT00077. Awarded: \$1,266,346. Co-PI's: Burton Mattice, Eugene Knott.

**Co-Investigator**, *Evaluating Multiple Cancer Risk Behavior Interventions Among Parents* (2001-2002). Centers for Disease Control, CDC # 120146: Awarded: \$856,672. Principal Investigator: Colleen A. Redding.

**Co-Investigator**, *School Computer Programs for Teens for Six Cancer Risks*. (2000-2005). National Cancer Institute, R01 CA85999. Awarded: \$2,776,229. Principal Investigator: James O. Prochaska.

**Principal Investigator**, *Stage Based Curriculum Training for Procurement Coordinators to Increase Family Consent for Organ and Tissue Donation*, (1999-2002). Health Resources and Services Administration, Division of Transplantation # H39OT00030. Awarded: \$1,212,883. Co-PI: Thomas Peters.

**Principal Investigator**, URI Subcontract to Louisiana Organ Procurement Agency. *Enhancing Donor Registry Strategies to Increase Donation* (1998-2003). National Institute of Allergy and Infectious Disease, R18 AI33449. Awarded: \$267,790. Total grant award: \$1,209,407. Principal Investigator: Louise Jacobbi.

**Principal Investigator**, *A Campus-Wide Intervention to Increase Donation Intentions Among College Students* (2001-2002). Health Resources and Services Administration, Division of Transplantation, 1H39OT00131. Awarded: \$223,877.

**Principal Investigator**, URI Subcontract to American College Health Association. *Increasing Organ and Tissue Donor Awareness on College Campuses* (1998-2000). Health Resources and Services Administration, Division of Transplantation, Contract # HAB-A68555. (PI on subcontract). Awarded: \$97,228. Total contract award: \$180,000. Principal Investigator. E. Victor Leino.

**Principal Investigator**, *Stage-Based Training Curriculum to Increase Family Consent Organ Donation: Pilot Testing and Evaluation* (1998-2000). Health Resources and Services Administration, Division of Transplantation, Contract # 99-630(P). Awarded: \$75,920.

**Principal Investigator**, *Stage-Matched Assessment Instrument and Tailored Interventions to Increase Family Consent Rates for Cadaveric Organ Donation* (1996-1998). South-Eastern Organ Procurement Foundation. Awarded: \$181,198.

**Research Associate**, *Rapid Early Action in Coronary Treatment (REACT): A Multicenter Trial* (1993-1998). National Heart Lung and Blood Institute, Cooperative Agreements U01-HL-53141, U01-HL-53412, U01-HL-53149, U01-HL-53155, U01-HL-53211. Awarded: \$17,400,000. Principal Investigator: Russell Luepker.

**Grant Coordinator**, *Family and Implosion Therapy Treatments for Combat-Related Post-Traumatic Stress Disorder* (1991-1994). VAMC Research Council Grants. Awarded: \$548,000. Principal Investigator: James Curran.

**Co-Investigator**, *Evaluation of the Placebo Effect on Systolic Hypertension in the Elderly: Ancillary study to Systolic Hypertension in the Elderly Program (SHEP)* (1987-1989). National Heart Lung and Blood Institute and UMDNJ - RWJ Medical School. Awarded: \$75,000. Principal Investigator: Clifton Lacy.

## **RESEARCH CONSULTING**

Increasing Living Donation in Transplant-Eligible Dialysis Patients. (2005-2008). Agency: Department of Health and Human Services, Health Resources and Services Administration, Amount: \$899,663. Principal Investigator: Amy Waterman.

Development of Psychosocial Interventions to Improve Outcomes of Liver Transplantation. (2005-2007). Health Science Center at Houston Medical School. Principal Investigator: Mary Marden Velasquez.

Transtheoretical Model Measure and Intervention Development. *The Transtheoretical Model and Advance Directives* (2003 – 2005). National Institute for Nursing Research. Awarded: \$300,000. Principal Investigator: Mary Anne Jezewski.

Development of assessments and interventions for healthcare plan decision-making. (2000 – 2001). Health Care Financing Administration. Contract #'s HCF-01-I-0057-007-0014 and 500-97-0040 to Pro-Change Behavior Systems. Awarded: \$359,249 Principal Investigator: Deborah Levesque.

Development and evaluation of expert system intervention for stress management. A Stress Management Expert System for Cancer Prevention (1999 – 2001). National Cancer Institute (SBIR). Pro-Change Behavior Systems. Awarded: \$803,698. Principal Investigator: Kerry Evers.

Development of educational interventions for health professionals. Rapid Early Action for Coronary Treatment (REACT) (1996 – 1997). National Heart Lung and Blood Institute, Cooperative Agreements U01-HL-53141, U01-HL-53412, U01-HL-53149, U01-HL-53155, U01-HL-53211. Awarded: \$17,400,000. Principal Investigator: Russell Luepker.

## **TEACHING EXPERIENCE**

*Undergraduate Courses* - Department of Psychology, University of Rhode Island, Kingston, RI

**Psy334 Introduction to Clinical Psychology** – Introduction to the training models, activities and professional practice of psychologists with an emphasis on clinical psychology. Fall 2006

**Psy254 Behavior Problems and Personality Disorders** – Overview course in psychopathology, diagnosis and classification and treatment for abnormal behavior and mental illness. Fall 2005 - Present.

**Psy479 Health Promotion** – Theory and practice of health promotion from the individual to the community level. Spring 2005 – Present.

**Psy255, Health Psychology** – lecture on treatment seeking & treatment adherence, pain and its management, and cardiovascular disease as a member of a team-taught course. 2004 – Present.

*Graduate Courses* - Department of Psychology, University of Rhode Island, Kingston, RI

**Psy690 Health Psychology** – Overview of theory and research in health psychology, behavioral medicine and health promotion. Designed to become a core course in the Health Psychology focus area. Fall 2005.

**Psy672M, Practicum in Clinical Health Psychology** –practicum for students in Clinical Psychology program – supervise provision of individual and group clinical interventions for coping with chronic health problems and stress-related conditions, 2004 – Present.

**Psy690L, Clinical Health Psychology Interventions** – graduate course on theoretical foundations and applied techniques for clinical health interventions for health promotion and disease prevention, 2003.

**Psy607, Advanced Psychopathology** – graduate course required for students in Clinical Ph.D. program, 2001- 2002.

*University of Massachusetts Medical School, Division of Preventive and Behavioral Medicine, Worcester, MA.*

**Core Lecture Series** - for 3rd year medical students. 1994 - 1996

*Rutgers - The State University of New Jersey, New Brunswick, NJ.*

**Health Psychology**, undergraduate course addressing health - behavior relationships; stress, personality, and life-style as disease causes; modifying high-risk behaviors; and coping with serious illness. 1987 – 1989.

**Teaching Assistant**, Courses included Health Psychology, Abnormal Psychology, Quantitative Methods, Infant and Child Development, and Environmental Psychology. Rutgers - The State University of New Jersey, New Brunswick, NJ, 1984 – 1989.

### **CLINICAL SUPERVISORY EXPERIENCE**

2004 - Present      **Psy672M, Practicum in Clinical Health Psychology** –practicum for students in Clinical Psychology program – supervise provision of individual and group clinical interventions for health promotion, managing stress-related conditions and coping with chronic health problems. Department of Psychology, University of Rhode Island, Kingston, RI

- 1999- **Psychological Counseling Center (PCC)** Clinical case supervision for graduate students providing individual therapy to adult clients. Department of Psychology University of Rhode Island, Kingston, RI. Students supervised:  
Caren Francione, 9/2002 – 12/2002 (10 hours of supervision).  
Kara Hall, 10/2002 –12/2002, (5 hours of supervision).  
Norma Perez, 9/2000 – 3/2002 (35 hours of supervision).  
Erica Checko, 4/2000 – 9/2000 (10 hours of supervision)  
Shirley Gazabon, 9/1999 – 11/2001 (25 hours of supervision).
- 2001 **Seminar in Relaxation Therapy.** Developed and delivered training seminar in relaxation theory and techniques for graduate students in Department of Psychology, University of Rhode Island, Kingston, RI
- 1997 – **Telephone Counseling** - Hiring, training and supervision of counselors for large-scale smoking cessation project with an HMO population. Cancer Prevention Research Center, University of Rhode Island, Kingston, RI
- 1994 – **Behavioral Medicine Consultation-Liaison Service** – supervised medical students on 3-month rotation in with Behavioral Medicine Service. Division of Preventive and Behavioral Medicine, University of Massachusetts Medical School, Worcester, MA
- 1992 – **Post-Traumatic Stress Disorder Clinic** – trained and supervised URI practicum and Brown psychology interns in cognitive-behavioral and implosion therapy for PTSD and psychophysiological assessment/biofeedback treatment of clinic patients. PTSD Clinic, Brown University - Veterans Administration Medical Center, Providence, RI

### **PEER-REVIEWED PUBLICATIONS**

- Prochaska, J.O., Velicer, W.F., Redding, C.A., Rossi, J.S., Greene, G.W., Paiva, A., **Robbins, M.L.**, Blissmer, B., & Dye, G. (In Press). Treatment, Stage, Severity and Effort Effects Predict Long-Term Changes in Multiple Behaviors. Preventive Medicine.
- Hall, K.L., **Robbins, M.L.**, Paiva, A., Knott, J.E., Harris, L., & Mattice, B. (In Press). Donation Intentions among African American College Students: Decisional Balance and Self – Efficacy Measures. Journal of Behavioral Medicine.
- Mauriello, L.M., Rossi, J.S., Fava, J., Redding, C.A., **Robbins, M.L.**, Prochaska J.O., & Meier, K.S. (2007). Assessment of the pros and cons of stress management among adolescents: Development and validation of a decisional balance measure. American Journal of Health Promotion, 22, 140-143.
- Keller, S., Bötting, K., Kaluza, G., Schulz, K-H., Ewers, H., **Robbins, M.L.**, & Basler, H. D. (2004). Conditions for organ donation readiness [Original title: Bedingungen der Bereitschaft zur Organspende.] Zeitschrift für Gesundheitspsychologie, 12, 75-84.

**Robbins, M.L.**, Levesque, D.A., Redding, C.A., Johnson, J.L., Prochaska, J.O., Rohr, M.S. & Peters, T.G. (2001). Assessing family members' motivational readiness and decision making for consenting to cadaveric organ donation. Journal of Health Psychology, 6(5), 523-535.

Velicer, W. F., Prochaska, J. O., Fava, J. L., Rossi, J. S., Redding, C. A., Laforge, R. G., **Robbins, M. L.** (2000). Using the Transtheoretical Model for Population-based Approaches to Health Promotion and Disease Prevention. Homeostasis in Health and Disease, 40, 174-195.

Meischke, H., Sellers, D., **Robbins, M.**, Goff, D., Daya, M., Meshack, A., Taylor, J., & Zapka, J. (2000). Factors that influence risk perceptions of an acute myocardial infarction. Behavioral Medicine, 26, 4-13.

**Robbins, M.L.** (1999). Medication adherence and the transplant recipient: Helping patients at each stage of change. Transplantation Proceedings, 31 (Suppl. 4A), 29S-30S.

Zapka, J., Estabrook, B., Leviton, L., Gilliland, J., Meischke, H., Melville, S., Taylor, J., Daya, M., Laing, B., Meshack, A., Reyna, R., **Robbins, M.**, Hand, M., & Finnegan, J. (1999). Healthcare providers' perspectives on patient delay for seeking care for symptoms of acute myocardial infarction. Health Education and Behavior, 26, 714-733.

Raczynski, J.M., Finnegan, J.R., Zapka, J.G., Meischke, H., Meshack, A., Stone, E.J., Bracht, N., Sellers, D.E., Daya, M., **Robbins, M.L.**, McAlister, A., Simons-Morton, D. (1999). REACT theory-based intervention to reduce treatment-seeking delay for acute MI. American Journal of Preventive Medicine, 16, 325-224.

**Robbins, M.L.** (1998). Applying a readiness model to increasing organ donation and transplantation. Medicine and Health Rhode Island, 81, 294-296.

Hedges, J. R., Mann, C. N., Meischke, H., **Robbins, M.**, Goldberg, R. & Zapka, J. (1998). Assessment of chest pain onset and out-of-hospital delay using standardized interview questions: The REACT pilot study. Academic Emergency Medicine, 5(8), 773-780.

Rohr, M.S. & **Robbins, M.L.** (1998). A new look at the organ donation consent process. Contemporary Dialysis and Nephrology Care, November, 32-33 & 38.

Lacy, C. R., Contrada, R. J., **Robbins, M. L.**, Tannenbaum, A. K., Moreyra, A. E., Chelton, S., & Kostis, J. B. (1995). Coronary vasoconstriction induced by mental stress (simulated public speaking). The American Journal of Cardiology, 75, 503-505.

Lacy, C. R., **Robbins, M. L.**, & Kostis, J. B. (1988). Type A behavior and coronary artery disease (letter). New England Journal of Medicine, 319, 115.

**Robbins, M. L.**, & Lacy, C. R. (1987). The Type A behavior pattern and angiographic extent of coronary disease: A review of the literature. The Journal of the Central New Jersey Medical Group, 3, 32-38.

### **MANUSCRIPTS IN PREPARATION/SUBMITTED FOR REVIEW**

Prochaska, J.O., Velicer, W.F., Redding, C.A., Sun, X., Rossi, J.S., Greene, G.W., Paiva, A., **Robbins, M.L.**, Blissmer, B., & Dye, G. (Submitted for Review). *Predicting Maintainers, Relapsers and Stable Smokers Using Baseline Demographics, Stage, Severity and Effort Effect Variables.*

Dye G., Redding, C.A., Fava, J.L., Rossi, J.S., **Robbins, M.L.**, Meier, K.S., Velicer, W.F., & Prochaska, J.O. (Submitted for review). *Validation of decisional balance, self-efficacy, Rhode Island Stress & Coping, and family support measures for stress management in parents.*

Knott, J.E., **Robbins, M.L.**, Hall, K., Francione, C., Ward, R.M., Paiva, A. (In preparation). *Toward new directions for increasing the blood supply.*

Paiva, A., **Robbins, M.L.**, Ward, R., Knott, J.E., Steever, M., & Francione, C. (In preparation). *Motivational readiness to become a blood donor.*

**Robbins, M.L.**, Kilgallen, C.E., Johnson, J.L., Redding, C.A., Jacoby, L.M. (In preparation). *Stages and decisional balance for becoming an organ donor: Development and validation in two samples.*

**Robbins, M.L.**, Knott, J.E., Eaker, M.A., Redding, C.A., Kilgallen, C.E., Jordan, P.J., Meier, K.S., Rohr, M.S., & Peters, T.G. (In preparation). *Passages to change: Developing a theory based training curriculum to increase family consent for organ donation.*

**Robbins, M.L.**, Laforge, R., Jacobbi, L. (In preparation). *Demographic predictors of readiness to be an organ and tissue donor in Louisiana.*

**Robbins, M.L.**, Levesque, D.A., Johnson, J.L., Redding, C.A., Rohr, M.S. & Peters, T.G. (In preparation). *The processes of change for consenting to cadaveric organ donation.*

**Robbins, M.L.**, Paiva, A., Ganikos, M., Steever, M., Gibbs, D., & Leino, E.V. (In preparation). *A theoretically based campus campaign to increase intent for organ and tissue donation.*

Ward, R.M., Knott, J.E., **Robbins, M.L.**, Paiva, A., Francione, C., & Steever, M. (In preparation). *Processes of change for becoming a blood donor.*

## **PUBLISHED ABSTRACTS**

- Dye, G., Redding, C.A., Fava, J.L., Rossi, J.S., **Robbins, M.L.**, Meier, K.S., Velicer, W.F., & Prochaska, J.O. (2007). Validation of decisional balance, self-efficacy, Rhode Island Stress & Coping, and family support measures for stress management in parents. Annals of Behavioral Medicine, 33, S150 (Abstract).
- Burditt, C., **Robbins, M.**, Knott, G., & Peters, T., (2007). Stage of Change as a Predictor of Family Consent for Deceased Organ Donation. Annals of Behavioral Medicine, 33, S159 (Abstract).
- Stephan, C., Rossi, J., Redding, C., Fava, J., **Robbins, M.**, Velicer, W., Meier, K., & Prochaska, J. (2006). Psychometric Assessment The Rhode Island Stress And Coping Inventory And Physiological Symptoms Scale, 31, S103 (Abstract).
- Robbins, M.L.**, Knott, J.E., Redding, C.A., Johnson, J., Rossi, J. & Peters, T.G. (2005). Passages to change: Efficacy of a randomized controlled trial to increase family consent for cadaveric organ donation. Annals of Behavioral Medicine, 29, S24 (Abstract).
- Robbins, M.L.**, Francione, C., Knott, J.E., Redding, C.A., Paiva, A. & Peters, T.G. (2005). Predictors of family consent for cadaveric organ donation. Annals of Behavioral Medicine, 29, S172 (Abstract).
- Fava, J.L., Redding, C.A., **Robbins, M.L.**, Rossi, J.S., Meier, K.S., Ward, R.M., Mauriello, L. & Prochaska, J.O. (2002). An instrument to measure processes of change for stress management in adolescents. Annals of Behavioral Medicine, 24, S131 (Abstract).
- Mauriello, L.M., Rossi, J.S., Fava, J.L., Redding, C.A., **Robbins, M.L.**, & Johnson, J.L. (2002). Stress management among adolescents: Development and validation of a brief decisional balance measure. Annals of Behavioral Medicine, 24, S218 (Abstract).
- Robbins, M.L.**, Ganikos, M., Leino, E.V., Eaker, M.A, Eastwood, A., Webster, L., Bieterman, C. A. (2002). Stage-based intervention to increase intent for organ donation among college students. Annals of Behavioral Medicine, 24, S138 (Abstract).
- Robbins, M.L.**, Knott, J.E., Redding, C.A., Peters, T.G., & Rohr, M. (2002). Does knowing your loved one wanted to be an organ donor affect the decision to consent to cadaveric organ donation? Annals of Behavioral Medicine, 24, S138 (Abstract). *Citation Paper Award*.
- Robbins, M.L.**, Jordan, P.J., Redding, C.A., Kilgallen, C.E., Knott, J.E., Eaker, M.A., Peters, T.G., & Rohr, M.S. (2001). Readiness for organ donation consent in family approaches by organ procurement coordinators. Annals of Behavioral Medicine, 23, S102 (Abstract).

- Robbins, M.L.**, Levesque, D.A., Redding, C.A., Evans, J.L., Rohr, M. & Peters, T. (2000). A processes of change measure for consent to organ donation. Annals of Behavioral Medicine, 22, S131 (Abstract).
- Fava, J.L., **Robbins, M.L.**, Redding, C.A., Norman, G.J., Keller, S., Evers, K.E., & Maddock, J.E. (2000). A comparison of two algorithms for the stages of change for stress management. Annals of Behavioral Medicine, 22, S13 (Abstract).
- Robbins, M.L.**, Evans, J.L., Kilgallen, C.E., & Jacobbi, L.M. (1999). Distribution of readiness to be an organ donor in a representative sample. Transplantation, 67, S187 (Abstract).
- Jacobbi, L.M. & **Robbins, M.L.**, (1999). Evaluation of adult attitudes regarding organ donation: 1991 to 1998. Transplantation, 67, S29 (Abstract).
- Robbins, M.L.**, Evans, J.L., Kilgallen, C.E., & Jacobbi, L.M. (1999). Stages and decisional balance for organ donation in a representative sample. Annals of Behavioral Medicine, 21, S247 (Abstract).
- Robbins, M.L.**, Kilgallen, C.E., Evans, J.L., Redding, C.A. & Knott, E.J. (1999). Stages and decisional balance for becoming an organ donor. Annals of Behavioral Medicine, 21, S177 (Abstract).
- Robbins, M.L.**, Levesque, D.A., Prochaska, J.O., & Velicer, W.F. (1998). Stages and decisional balance for consenting to cadaveric organ donation. Annals of Behavioral Medicine, 20, S99 (Abstract).
- Robbins, M.L.**, Fava, J.L., Norman, G.J., Velicer, W.F., Redding, C.A. & Levesque, D.A. (1998, March). Stages of change for stress management in three samples. Annals of Behavioral Medicine, 20, S216 (Abstract).
- Robbins, M. L.**, & Contrada, R. J. (1994). Hostility, illness cognition, and the process of coping with coronary heart disease. Annals of Behavioral Medicine, 15, S135 (Abstract).

### **INVITED PRESENTATIONS**

- Prochaska, J.O., Redding, C.A., & **Robbins, M.L.** (2003, October). Stages of Change: *Implications of the Transtheoretical Model of Behavior Change for daily clinical practice.* Counseling Center Professional Training Program, University of Rhode Island, Kingston, RI.
- Robbins, M.L.**, Knott, J.E., Redding, C.A., Paiva, A., Francione, C., Rossi, J.S., & Steever, M. (2003, April). *Passages to Change: The efficacy of a theory based curriculum training to increase family consent for cadaveric organ donation.* Research to Practice: A National Consensus Conference, hosted by the United Network for Organ Sharing, Orlando, FL.

- Robbins, M.L., Steever, M., Ganikos, M., & Gibbs, D.** (2003, March). *Using The Transtheoretical Model for College Health Promotion: The College Donor Awareness Project*. Presentation at the annual meeting of the Southern College Health Association, Charlotte, NC.
- Robbins, M.L.** (2001, June). *Theory Based Assessment and Intervention to Increase Donor Awareness*. Presentation at the 18<sup>th</sup> Annual Meeting of the Association for Organ Procurement Organizations, Minneapolis, MN.
- Robbins, M.L.** (2001, March). *Assessing the Decision Process for Cadaveric Organ Donation*. Presentation at the 5<sup>th</sup> Annual Mid-Year Meeting of the American Association of Tissue Banks, Clearwater Beach, FL.
- Meier, K.S., Redding, C.A., & **Robbins, M.L.** (2000, November). *Using the Transtheoretical Model as a Foundation for Public Health Program Design and Evaluation*. Workshop at the annual meeting of the Society for Public Health Education Meeting, Boston, MA.
- Robbins, M.L.** (2000, October). *The Transtheoretical Model in Program Design and Evaluation: Application to Organ Donation and Transplantation*. FY1999-2000 & 2000-2001 Grantee Technical Assistance Workshop. HRSA/OSP/DoT Extramural Grant Program, Washington, D.C.
- Robbins, M.L.** (2000, October). *Understanding the Stages of Change*. Presentation and workshop at Strategies for Health Behavior Change conference sponsored by the Department of Mental Health, Southeast Area Wellness Committee, Taunton, MA.
- Robbins, M.L.** (2000, August). *Helping Family Members Say Yes*. North American Transplant Coordinators Organization Annual Meeting, Orlando, FL.
- Robbins, M.L., & Jacobbi, L.** (1998, October). *Informed consent for donation: Training requestors in a readiness approach*. Workshop presented at the Fifth Biennial Conference on Psychiatric, Psychosocial and Ethical Issues in Organ Transplantation, Cleveland, OH.
- Robbins, M.L.** (1998, April). *Adherence and the transplant recipient: Helping patients at each stage of change*. First International Symposium on Transplant Recipient Compliance, Arlington, VA.
- Robbins, M.L.** (1998, January). *The transtheoretical model of behavior change and permanency planning for terminally ill adults*. Training workshop for The Family Center, New York, NY.
- Robbins, M.L.** (1998, January). *How to move families through the process and get to 'yes'*. Conference on Improving Organ Donation Consent Rates: Lifegift/Midamerica Consent Summit, Houston, TX.

**Robbins, M.L.** (1997, September). *The psychology of consent: Moving families through the process*. Conference on Improving Consent Rates: American Congress for Organ Recovery and Donation (ACORD), San Antonio, TX.

**Robbins, M.L.** (1997, March). *The psychology of consent: Applying a model of change*. Presentation at the 13th Annual Conference: Issues in Transplantation and Organ Procurement, Nashville, TN.

**Robbins, M.L.** (1997, March). *A stage model for health behavior change*. Presentation at the 21st Annual Conference, New England High Blood Pressure Council, Framingham, MA.

### **MANUALS, CURRICULA, BROCHURES & VIDEOS**

**Robbins, M.L.,** Krebs, P., Burditt, C., Oatley, K., & Hall, K., (2006). *Capture Life: An expert computer system for tailored interventions to increase exercise and physical activity among African Americans*. Kingston, RI: Community Organ Donation Intervention Workgroup.

**Robbins, M.L.,** Krebs, P., Burditt, C., Oatley, K., & Hall, K., (2006). *CaptureLife: Intervention to increase exercise and physical activity (full-color brochures-tailored to African American adults)*. Kingston, RI: Community Organ Donation Intervention Workgroup.

**Robbins, M.L.,** Hall, K., Krebs, P., Oatley, K., & Knott, J.E. (2005). *Capture Life: An expert computer system for tailored interventions to increase organ and tissue donation (adult tailored)*. Kingston, RI: Community Organ Donation Intervention Workgroup.

**Robbins, M.L.,** Hall, K., Krebs, P., Oatley, K., Knott, J.E., Harris, L.H., (2005). *Capture life: Changing the Face of Organ and Tissue Donation (full-color brochures-tailored to African American adults)*. Kingston, RI: Community Organ Donation Intervention Workgroup.

**Robbins, M.L.,** Steever, M., Francione, C., Paiva, A., Washington, D., Knott, J.E., Harris, L.H., Hall, K., & RL Williams Co. (2002). *Capture life: Changing the Face of Organ and Tissue Donation (full-color brochures-tailored to African American college students)*. Kingston, RI: HBCU Project Intervention Workgroup.

**Robbins, M.L.,** Francione, C., Johnson, J., Steever, M., Hall, K., Paiva, A., Knott, J.E. (2002). *Capture Life: An expert computer system for tailored interventions to increase organ and tissue donation*. Kingston, RI: HBCU Project Intervention Workgroup.

Redding, C.A., Prochaska, J.O., Greene, G.W., Rossi, S.R., Rossi, J.S., Meier, K., & **Robbins, M.** (2002). *Pathways to Health (Family-Tailored)*. Kingston, RI: Parent Project Intervention Workgroup.

Redding, C.A., Prochaska, J.O., Riebe, D., Blissmer, B., Fava, J., **Robbins, M.**, & Laforge, R. (2002). *Pathways to Health (Exercise, Stress, Alcohol)*. Kingston, RI: Parent Project Intervention Workgroup.

**Robbins, M.L.**, Knott, J.E., Jordan, P., Eaker, M., Redding, C.A. (2000). *Passages to Change (training video)*. Kingston, RI: Passages to Change Project Workgroup.

**Robbins, M.L.**, Killgallen, C.E., Jordan, P.J., Knott, J.E., & Redding, C.A. (1999). *Passages to change: A guide for organ procurement coordinators*. Kingston, RI: Passages to Change Project Workgroup.

**Robbins, M.L.**, Jordan, P., Jacobbi, L., & Keating Magee Associates. (1999). *Legacy Campaign*. Television, radio, and newsprint campaign for Louisiana Organ and Tissue Donor Registry.

**Robbins, M.L.** (Co-Editor, 1997). *Pathways to change: A self-help manual for all smokers*.

### **CONFERENCE PRESENTATIONS**

Dye, G., Redding, C.A., Fava, J.L., Rossi, J.S., **Robbins, M.L.**, Meier, K.S., Velicer, W.F., & Prochaska, J.O. (2007). Validation of decisional balance, self-efficacy, Rhode Island Stress & Coping, and family support measures for stress management in parents. Presentation at the annual meeting of the Society of Behavioral Medicine, Washington, DC.

**Robbins, M.L.**, Paiva, A., Knott, G., & Harris, L., (2007). The Myths of Organ Donation Scale: Development in an African American Sample., Presentation at the annual meeting of the Society of Behavioral Medicine, Washington, DC.

Burditt, C., **Robbins, M.**, Knott, G., & Peters, T., (2007). Stage of Change as a Predictor of Family Consent for Deceased Organ Donation. Presentation at the annual meeting of the Society of Behavioral Medicine, Washington, DC.

Sieberg. C., Flannery-Schroeder, E., & **Robbins, M.** (2006). Health effects of childhood trauma. Presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Flannery-Schroeder, E., **Robbins, M.**, Lamb, A., & Sieberg. C. (2006). Risk Recognition in Young Adults with No-, Single-, and Multiple-Incident Trauma Histories: The Role of Attention and Memory Biases. Presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Stephan, C., Rossi, J., Redding, C., Fava, J., **Robbins, M.**, Velicer, W., Meier, K., & Prochaska, J. (2006). Psychometric assessment the Rhode Island stress and coping inventory and physiological symptoms scale. Presentation at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.

**Robbins, M.L.**, Knott, J.E., Redding, C.A., Johnson, J., Rossi, J. & Peters, T.G. (2005). *Passages to change: Efficacy of a randomized controlled trial to increase family consent*

- for cadaveric organ donation. Presentation at the annual meeting of the Society of Behavioral Medicine, Boston, MA.
- Robbins, M.L.**, Francione, C., Knott, J.E., Redding, C.A., Paiva, A. & Peters, T.G. (2005). Predictors of family consent for cadaveric organ donation. Presentation at the annual meeting of the Society of Behavioral Medicine, Boston, MA.
- Fava JL, Redding CA, **Robbins ML**, Rossi JS, Meier KS, Ward RM, Mauriello L, & Prochaska JO. (2002, April). *An instrument to measure processes of change for stress management in adolescents*. Paper presentation at the annual meeting of the Society of Behavioral Medicine, Washington, DC.
- Knott, J.E., Eaker, M.A., **Robbins, M.L.** (2002, March). *Proven practices for helping students successfully make health behavior changes*. Presentation at the annual meeting of the American College Personnel Association, Long Beach, CA.
- Robbins M.L.**, Knott JE, Redding CA, Peters TG, & Rohr M. (2002, April). *Does knowing your loved one wanted to be an organ donor affect the decision to consent to cadaveric organ donation?* Paper presentation at the annual meeting of the Society of Behavioral Medicine in Washington, DC. Citation Paper Award.
- Robbins, M.L.**, Ganikos, M., Leino, E.V., Eaker, M.A, Eastwood, A., Webster, L., Bieterman, C. A. (2002, April). *Stage-based intervention to increase intent for organ donation among college students*. Paper presentation at the annual meeting of the Society of Behavioral Medicine in Washington, DC.
- Mauriello LM, Rossi, JS, Fava JL, Redding CA, **Robbins ML**, & Johnson JL. (2002, April). *Stress management among adolescents: development and validation of a brief decisional balance measure*. Paper presentation at the annual meeting of the Society of Behavioral Medicine in Washington, DC.
- Knott, J.E., **Robbins, M.L.**, Eaker, M.A., Redding, C.A., Kilgallen, C.E., Rossi, J.S., Peters, T.G., and Rohr, M.S. (2001, April). *Two innovative approaches to increasing organ donation*. Paper presented at the Annual Conference of the Association for Death Education and Counseling, Toronto, Ontario.
- Robbins, M.L.**, Jordan, P.J., Redding, C.A., Kilgallen, C.E., Knott, J.E., Eaker, M.A., Peters, T.G., & Rohr, M.S. (2001, March). *Readiness for organ donation consent in family approaches by organ procurement coordinators*. Paper presentation at the annual meeting of the Society of Behavioral Medicine in Seattle, WA.
- Jacobbi, L.M. & **Robbins, M.L.** (2000, June). *Outcome of an innovative approach to donor consent: A pilot study*. Poster presented at the annual meeting of the International Transplant Society, Rome, Italy.

**Robbins, M.L.**, Levesque, D.A., Redding, C.A., Evans, J.L., Rohr, M., & Peters, T. (2000, March). *A processes of change measure for consent to organ donation*. Paper presented at the annual meeting of the Society of Behavioral Medicine, Nashville, TN.

Fava, J.L., **Robbins, M.L.**, Redding, C.A., Norman, G.J., Keller, S., Evers, K.E., & Maddock, J.E. (2000, March). *A comparison of two algorithms for the stages of change for stress management*. Paper presented at the annual meeting of the Society of Behavioral Medicine, Knoxville, TN.

**Robbins, M.L.**, Evans, J.L., Kilgallen, C.E., & Jacobbi, L.M. (1999, May). *Distribution of readiness to be an organ donor in a representative sample*. Paper presentation at the annual meeting of the American Society of Transplantation, Chicago, IL.

Jacobbi, L.M. & **Robbins, M.L.**, (1999, May). *Evaluation of adult attitudes regarding organ donation: 1991 to 1998*. Paper presented at the annual meeting of the American Society of Transplantation, Chicago, IL.

**Robbins, M.L.**, Kilgallen, C.E., Evans, J.L., Redding, C.A., & Knott, E.J. (1999, March). *Stages and decisional balance for becoming an organ donor*. Paper presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA.

**Robbins, M.L.**, Evans, J.L., Kilgallen, C.E., & Jacobbi, L.M. (1999, March). *Stages and decisional balance for organ donation in a representative sample*. Paper presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA.

**Robbins, M.L.**, & Redding, C.A. (1998, April) *Applying the Transtheoretical model of behavior change to increasing organ donation intentions*. Paper presented at Increasing Donation and Transplantation: The challenge of evaluation, Arlington, VA.

**Robbins, M.L.**, Levesque, D.A., Prochaska, J.O., & Velicer, W.F. (1998, March). *Stages and decisional balance for consenting to cadaveric organ donation*. Paper presented at the annual meeting of the Society of Behavioral Medicine, New Orleans, LA.

**Robbins, M.L.**, Fava, J.L., Norman, G.J., Velicer, W.F., Redding, C.A., & Levesque, D.A. (1998, March). *Stages of change for stress management in three samples*. Paper presented at the annual meeting of the Society of Behavioral Medicine, New Orleans, LA.

**Robbins, M.L.**, Levesque, D.A., Prochaska, J.O., & Velicer, W.F. (1998, February). *A decisional balance measure and the stages of change model for family consent to cadaveric organ donation*. Paper presented at the DHHS Conference on Increasing donation and Transplantation: The Challenge of Evaluation. Arlington, VA.

**Robbins, M.L.**, Levesque, D.A., Prochaska, J.O., & Velicer, W.F. (1998, February). *Processes of change and the stages of change model for family consent to cadaveric organ donation*. Paper presented at the DHHS Conference on Increasing donation and Transplantation: The Challenge of Evaluation. Arlington, VA.

**Robbins, M.L.,** Redding, C.A. (1998, February). *Applying the transtheoretical model of behavior change to increasing organ donation intentions.* Paper presented at the DHHS Conference on Increasing donation and Transplantation: The Challenge of Evaluation. Arlington, VA.

**Robbins, M.L.,** Prochaska, J.O., & Redding, C.A. (1998, February). *Stage based intervention to increase consent for cadaveric organ donation: A training curriculum for organ procurement coordinators.* Paper presented at the DHHS Conference on Increasing donation and Transplantation: The Challenge of Evaluation. Arlington, VA.

Raczynski, J., Finnegan, J., Meischke, H., Zapka, J., Meshack, A., Bracht, N., Sellers, D., Stone, E., Daya, M., **Robbins, M.,** McAlister, A., & Simons-Morton, D. (1997). REACT intervention design: *A theoretically-based intervention to reduce treatment-seeking delay for acute MI symptoms.* Paper presented at the International Conference on Preventive Cardiology, Montreal, Canada.

Zapka, J., Estabrook, B., Gilliland, J., Leviton, L., Melville, S., Meischke, H., Taylor, J., Daya, M., Laing, B., Meshack, A., Reyna, R., **Robbins, M.,** Hand, M., & Finnegan, J. (1997). *Health care providers' views on patient delay for seeking care for heart attack symptoms.* Paper presented at the International Conference on Preventive Cardiology, Montreal, Canada.

**Robbins, M. L.,** & Contrada, R. J. (1994). *Hostility, illness cognition, and the process of coping with coronary heart disease.* Paper presented at the annual meeting of the Society of Behavioral Medicine, Boston, MA.

Unger, W. S., Donkervoet, J. C., & **Robbins, M. L.** (1992). *An evaluation of troops returning from the Persian Gulf: A one year follow-up.* Paper presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.

Contrada, R. J., Lacy, C. R., **Robbins, M. L.,** Tannenbaum, A. K., Moreyra, A. E., Hansen, J., Towner, E. A., & Kostis, J. B. (1990). *Mental stress reduces coronary artery diameter.* Paper presented at the annual meeting of the Society of Behavioral Medicine, Chicago, IL.

Lacy, C. R., Contrada, R. J., **Robbins, M. L.,** Tannenbaum, A. K., Moreyra, A. E., McGeady, R. E., & Kostis, J. B. (1990). *Effect of mental stress on heart rate, blood pressure, and coronary arterial diameter.* Paper presented at the 39th scientific session of the American College of Cardiology, New Orleans, LA.

**Robbins, M. L.,** Contrada, R. J., Lacy, C. R., & Kostis, J. B. (1989). *The role of Type A behavior in delay in seeking treatment for suspected coronary artery disease.* Paper presented at annual meeting of the Society of Behavioral Medicine, San Francisco, CA.

**Robbins, M. L.**, Lacy, C. R., Contrada, R. J., & Kostis, J. B. (1989). *Effect of Type a behavior on delay in seeking treatment and angiographic extent of coronary artery disease*. Paper presented at the International Conference on Preventive Cardiology, Washington, D.C.

Schwarz, N., **Robbins, M.L.**, & Clore, G. (1985). *Explaining the Effects of Mood on Judgment*. Paper presented at the Midwestern Psychological Association, Chicago, IL.

## **GRADUATE STUDENT ADVISING AND COMMITTEE WORK**

### ***Major Professor***

Caitlin Burditt, Fall 2005-Present  
Jennifer Doucet, Spring 2006 – Present  
Cerissa Creeden, Fall 2007

### ***Clinical Area Advisor, Psychology Department Graduate Students***

Cerissa Creeden, Fall 2007- Present  
Caitlin Burditt, Fall 2005-Present  
Andrea Resendes, Fall 2005-Present  
Jennifer Doucet, Spring 2005- Present  
Dustin Wielt, Fall 2004- 2006

### ***Comprehensive Exam Chair***

Jennifer Doucet, Clinical Psychology Department graduate student, Fall 2006.

### ***Masters Committee Member***

Christina Kilgallen, School Psychology Department graduate student, Fall 2004.

### ***Comprehensive Exam Committee Member***

Christine Sieberg, Clinical Psychology Department graduate student, Spring 2007.  
Cathy Stephan, Behavior Science Psychology Department graduate student, Spring 2006.  
Christina Kilgallen, School Psychology Department graduate student, Spring 2005.  
Yating Yeh, Behavior Science Psychology Department graduate student, Fall 2004.  
Paul Krebs, Clinical Psychology Department graduate student, Spring 2004.  
Kara Hall, Behavior Science Psychology Department graduate student, Spring 2004.  
Asako Matsuura, Clinical Psychology Department graduate student, Fall 2003.  
Milena Anatchkova, Behavior Science Psychology Department graduate student, Fall 2002.

***Dissertation Committee Member***

Christine Sieberg, Clinical Psychology Department graduate student.  
Christina Kilgallen, School Psychology Department graduate student.  
Paul Krebs, Clinical Psychology Department graduate student, Spring 2007  
Yating Yeh, Behavior Science Psychology Department graduate student, Fall 2005.  
Kara Hall, Behavior Science Psychology Department graduate student, Spring 2004.  
Milena Anatchkova, Behavior Science Psychology Department graduate student, Spring 2004.

***Other Committee Work***

Thesis Committee Member, Connecticut College Masters student Kim Chula. *The Role of Family Communication in the Organ Donation Consent Decision: An Addition to the Transtheoretical Model of Behavior Change*. Winner of 2001-2002 Thesis Award, Masters program in Psychology, Connecticut College.

***Student Awards***

Meritorious Student Poster: Caitlin Burditt– Annual Meeting of Society of Behavioral Medicine: Burditt, C., Robbins, M., Knott, G., & Peters, T., (2007). Stage of Change as a Predictor of Family Consent for Deceased Organ Donation. Annals of Behavioral Medicine, 33, S159 (Abstract).

**PSYCHOLOGY DEPARTMENT AND CPRC COMMITTEES (Univ of Rhode Island)**

***Search Committee Chair***

Organ Donation Project and Multiple Health Behavior Change Project Coordinator (Research Associate III). Cancer Prevention Research Center, 2002.

***Search Committee Member***

Community Organ Donation Project Coordinator (Research Associate III). Cancer Prevention Research Center, 2006.  
Applicants for tenure track Clinical Psychology faculty with specialty focus in multicultural health, 2005-2006  
Applicants for Psychology Department Chairperson, 2005.  
School Project Field Assistant (Research Assistant II/III/IV). CPRC, 2001.  
School Project Field Coordinator (Research Assistant II/III/IV). CPRC, 2001.  
School Project Coordinator (Research Associate III). CPRC, 2001.  
Organ Donation Project Coordinator (Research Associate III). CPRC, URI, 2000.

***Graduate Student Evaluation Committee Member***

Applicants for Clinical Psychology Ph.D. program, 2003 - Present.  
Applicants for Clinical & Experimental Psychology Ph.D. programs, 2001.

***Other Committee Work***

Ad Hoc Committee Member, task force on graduate curriculum initiatives - 2007  
Ad Hoc Committee Member, strategic planning and initiatives for the Psychology Department, 2005 – Present.

Ad Hoc Committee Member, evaluation and recommendations for changes to the graduate Clinical Psychology assessment curriculum. Director: Patricia Morokoff, 2004-2005.  
Task Force Member, increasing undergraduate participation in research in psychology.  
Director: Su Boatright-Horowitz, Psychology Department, 2002.

*Undergraduate Advising*

Advisor in Psychology Department Undergraduate Advising Center, 2006 – Present.

**UNIVERSITY OF RHODE ISLAND COMMITTEES**

Faculty Senate Curricular Affairs Committee, fall 2006 – Present.