

We're
Breathing
Easy...

*And So
Will You.*

*URI residence halls
will go smokefree
as of June 1, 2001*

Why not give yourself a gift — a smokefree future. Hesitant to go it alone? Try QuitTogether, a free quit smoking program where you and your friends can get the help you need to kick the habit.

To take advantage of the free quit smoking resources call 874-5954. Get the 411 on quitting smoking on the URI homepage, and www.trytostop.org, a new quit smoking web site. Do it soon, and breathe easy!

